



PUREWISE

# Fertility Catalog

Growing Families with High-Quality Supplements Inspired by Mother Nature

[purewisenaturals.com](http://purewisenaturals.com)



Organic Prenatal



Organic Prenatal + Digestive Support



Organic Postpartum & Menstrual Care



Organic Lactation Support



Fertility for Women



Female Fertility + Prenatal



Fertility for Men



# Supplement Facts

Serving Size: 3 Capsules  
Servings per Container: 30

	Amount Per Serving	% DV
Vitamin A (as Beta Carotene)	1,300 mcg	100%
Vitamin C	150 mg	125%
Vitamin D (D3)	18.8 mcg (900 IU)	125%
Vitamin E	19 mg	100%
Vitamin K	90 mcg	100%
Thiamin (Vitamin B1)	1.5 mg	107%
Riboflavin (Vitamin B2)	1.7 mg	106%
Niacin	20 mg	111%
Vitamin B6	9 mg	450%
Folate	800 mcg DFE	133%
Choline	100 mg	18%
Calcium	255 mg	20%
Vitamin B12 (Methylcobalamin)	14 mcg	500%
Biotin	210 mcg	600%
Pantothenic Acid	8.05 mg	115%
Iron	27 mg	100%
Iodine	290 mcg	100%
Zinc	13 mg	100%
Selenium	50 mcg	71%
Manganese	0.6 mg	23%
Chromium	90 mcg	200%

Vitamin K2 (as menaquinone-7) 20 mcg \*

**Organic Food Blend** 1.5 g \*

Organic Curry Nurraya koenigii (leaf), Organic Psidium guajava (Guava fruit & leaf), Organic Sesbania grandiflora (leaf), Organic Emblic (Amla, Phyllanthus emblica) (fruit) Extract, Organic Sea Kelp, Organic Mushroom (Agaricus bisporus), Organic Lemon (fruit & peel), Organic Ocimum sanctum (Holy Basil leaf), Organic Annatto (fruit & seed), Organic Moringa oleifera (Moringa leaf), Organic Apple (fruit), Organic Beet (root), Organic Broccoli (stalk & flower), Organic Carrot (root), Organic Spinach (leaf), Organic Tomato (fruit), Organic Strawberry (fruit), Organic Cherry (fruit), Organic Blackberry (fruit), Organic Green Bell Pepper (fruit), Organic Brussels Sprout (leaf), Organic Ginger (root), Organic Blueberry (fruit), Organic Cranberry (fruit), Organic Garlic (bulb), Organic Green Onion (bulb), Organic Raspberry (fruit), Organic Parsley (leaf), Organic Cauliflower (flower & stem), Organic Red Cabbage (leaf), Organic Asparagus (flower & stem), Organic Celery (stalk), Organic Cucumber (gourd), Organic Kale (leaf), Organic Peppermint (leaf)

\*Daily value not established.  
Other Ingredients: Organic Pullulan Capsules, Organic Bamboo, Organic Rice Extract Blend.

## ORGANIC PRENATAL

Purewise Prenatal helps your body prepare for pregnancy and nourishes you and your baby during pregnancy. Our comprehensive formula contains 20 key nutrients a future mom needs to support a healthy pregnancy and healthy fetal development – all sourced from organic plant-based vitamins and minerals. Make the right choice for you and your baby with Purewise Organic Prenatal.

### Benefits:

- ▶ Organic
- ▶ Vegan
- ▶ Non-GMO
- ▶ Tummy-friendly\*
- ▶ No Gluten
- ▶ No Dairy
- ▶ No Soy
- ▶ Manufactured in an NSF Certified Facility



# Supplement Facts

Serving Size: 3 Capsules  
Servings per Container: 10

	Amount Per Serving	% DV
Vitamin A (as Beta Carotene)	1,300 mcg	100%
Vitamin C	150 mg	125%
Vitamin D (D3)	35 mcg (1,400 IU)	233%
Vitamin E (as d-alpha tocopherol)	19 mg	100%
Vitamin K (as K1)	90 mcg	100%
Thiamin (B1)	1.5 mg	107%
Riboflavin (B2)	1.7 mg	106%
Niacin	18 mg	100%
Vitamin B6	2 mg	100%
Folate	800 mcg DFE	133%
Choline	100 mg	18%
Calcium	255 mg	20%
Vitamin B12 (Methylcobalamin)	2.8 mcg	100%
Biotin	35 mcg	100%
Pantothenic Acid	8.05 mg	115%
Iron	27 mg	100%
Iodine	290 mcg	100%
Zinc	13 mg	100%
Selenium	50 mcg	71%
Manganese	2.6 mg	100%
Chromium	90 mcg	200%
Molybdenum	50 mcg	100%

Vitamin K2 (as menaquinone-7) 20 mcg \*

**Organic Food Blend** 1.5 g \*

Organic Apple (fruit), Organic Emblic (Amla, Phyllanthus emblica) (fruit) Extract, Organic Sea Kelp, Organic Beet (root), Organic Broccoli (stalk & flower), Organic Carrot (root), Organic Spinach (leaf), Organic Tomato (fruit), Organic Strawberry (fruit), Organic Tart Cherry (fruit), Organic Blackberry (fruit), Organic Cranberry (fruit), aOrganic Green Bell Pepper (fruit), Organic Brussels Sprout (leaf), Organic Ginger (root), Organic Garlic (bulb), Organic Green Onion (bulb), Organic Raspberry (fruit), Organic Cauliflower (flower & stem), Organic Red Cabbage (leaf), Organic Asparagus (flower & stem), Organic Kale (leaf), Organic Cucumber (gourd), Organic Celery (stalk), Organic Asparagus (flower & stem)

**Digestive Blend** 52 mg \*

Lipase, Protease, Aspergillopepsin, beta-Glucanase, Bromelain, Cellulase, Phytase, Lactase, Papin, Peptidase, Pectinase, Xylanase, Hemicellulase, (Lactobacillus bulgaricus, Lactobacillus plantarum, Lactobacillus rhamnosus HN001) (6 Billion CFU)

\*Daily value not established.

Other Ingredients: Organic Pullulan Capsules, Organic Bamboo, Organic Rice Extract Blend.



## ORGANIC PRENATAL + DIGESTIVE SUPPORT

Provide wholesome nourishment for you and your baby with Purewise Organic Prenatal + Digestive Support. Our comprehensive multi-nutrient formula includes 23 key nutrients and probiotics to promote a healthy pregnancy and healthy fetal development – powered by organic fruits and vegetables, vitamins, minerals and antioxidants. Make the best choice for you and your baby with Purewise Organic Prenatal + Digestive Support.

### Benefits:

- ▶ Organic
- ▶ Vegan
- ▶ Non-GMO
- ▶ Tummy-friendly\*
- ▶ Immune Support\*
- ▶ No Gluten
- ▶ No Dairy
- ▶ Manufactured in an NSF Certified Facility



## FERTILITY FOR WOMEN

Fertility for Her is formulated for mother's and baby's health. It provides the necessary vitamins and minerals like Folic Acid, Choline, and Inositol that help create a healthy, fertile environment in preparation for a successful conception. Start your pregnancy right with Fertility for Her.

### Benefits:

- ▶ Tummy-friendly\*
- ▶ No Soy
- ▶ No Gluten
- ▶ Manufactured in an NSF Certified Facility
- ▶ No Dairy

## Supplement Facts

Serving Size: 2 Capsules  
Servings per Container: 30

	Amount Per Serving	% DV
Vitamin A (as Beta Carotene)	1.3mg RAE	144%
Vitamin C (as Ascorbic Acid)	120mg	130%
Iron (as Ferrous Bisglycinate Chelate)	30mg	167%
Vitamin D3 (as Cholecalciferol)	40mg	222%
Vitamin E (DL-alpha tocopherol acetate)	19mg	127%
Thiamin	2mg	167%
Niacin	2mg NE	154%
Vitamin B6 (as Pyridoxine HCl)	2mg	118%
Folic Acid	400mcg DFE	100%
B12 (as Methylcobalamin)	240mcg	11,667%
Biotin	15mcg	50%
Iodine (as Potassium Iodide)	290mcg	193%
Zinc (as Zinc Oxide)	13mg	118%
Selenium (as L-Selenomethionine)	70mcg	127%
Organic Ashwagandha Root Powder	75mg	*
CoQ10	10mg	*
Omega 3 DHA	50mg	*
Red Clover Extract	75mg	*
Eleutherococcus Senticosus Extract	75mg	*
Tree Berry Extract	150mg	*
Ginko Biboba Extract	75mg	*

\*Daily value not established.  
Other Ingredients: Vegetable cellulose (capsule).

## Supplement Facts

Serving Size: 8 Capsules  
Servings per Container: 30

	Amount Per Serving	% DV
Vitamin A (as Beta Carotene)	1,500 mcg	115%
Vitamin C (as Ascorbic Acid)	275 mg	229%
Vitamin D (as D-Cholecalciferol)	100 mcg (4000 IU)	667%
Vitamin E (as D-Alpha Tocopherol)	19 mg	100%
Vitamin K (as K1)	90 mcg	100%
Thiamin (B1)	5 mg	357%
Riboflavin (B2)	20 mg	1,250%
Niacin	25 mg	100%
Vitamin B6	20 mg	1,000%
Folate	1,360 mcg DFE	227%
Choline	300 mg	55%
Calcium	400 mg	31%
Vitamin B12 (as Methylcobalamin)	2.8 mcg	100%
Biotin	500 mcg	1,429%
Pantothenic Acid	150 mg	2,143%
Iron	27 mg	100%
Iodine	250 mcg	86%
Zinc	20 mg	154%
Selenium	200 mcg	286%
Manganese	5 mg	192%
Chromium	90 mcg	200%
Molybdenum	50 mcg	100%
Potassium	100 mg	2%
Inositol	150 mg	*
Betaine	150 mg	*
Vitamin K2 (as menaquinone-7)	20 mcg	*

\*Daily value not established.  
Other Ingredients: Organic Pullulan Capsules, Organic Bamboo, Organic Rice Extract Blend.



# Supplement Facts

Serving Size: 4 Capsules  
Servings per Container: 30

	Amount Per Serving	% DV
Vitamin A (as Beta Carotene)	1,125 RAE (mcg)	125%
Vitamin C (as Ascorbic Acid)	275 mg	306%
Vitamin D (as Cholecalciferol)	100 mcg (4000 IU)	500%
Vitamin E (as D-Alpha Tocopherol Succinate)	250 mg	100%
Vitamin K (as Menoquinone-7)	100 mcg	83%
Niacin	20 mg	125%
Vitamin B6	5 mg	294%
Folate	1,000 mcg DFE	250%
Choline	50 mg	9%
Vitamin B12 (as Methylcobalamin)	15 mcg	625%
Pantothenic Acid	10 mg	200%
Iodine	150 mcg	100%
Zinc	50 mg	455%
Selenium	200 mcg	364%
Manganese	2 mg	87%
Chromium	200 mcg	571%
Molybdenum	75 mcg	167%
Myo-Inositol	50 mg	*
<b>Antioxidant Blend</b>	335 mg	*
Lycopene, Grape Seed Extract, Organic Turmeric Powder, Quercetin Dihydrate		

\*Daily value not established.

Other Ingredients: Organic Pullulan Capsules, Organic Bamboo, Organic Rice Extract Blend.



## FERTILITY FOR MEN

Purewise Men's Fertility delivers a specially formulated blend of 23 micronutrients and antioxidants that help support optimal male reproductive health – including Folate and B vitamins, chelated minerals, zinc, and selenium. Because it takes two to make a baby, make sure you give daddy-to-be what he needs to play his part with Purewise Men's Fertility.

### Benefits:

- ▶ Organic
- ▶ Tummy-friendly\*
- ▶ No Dairy
- ▶ Vegan
- ▶ Immune Support\*
- ▶ Manufactured in an NSF Certified Facility
- ▶ Non-GMO
- ▶ No Gluten



## ORGANIC POSTPARTUM & MENSTRUAL CARE

Purewise Organic Postpartum & Menstrual Care delivers a specially formulated botanical blend of 6 time-tested herbs that help provide relief from typical symptoms during postpartum, PMS, and other hormonal changes. Naturally nourish, soothe, and balance your body with Purewise Organic Postpartum & Menstrual Care.

### Benefits:

- ▶ Organic
- ▶ No Soy
- ▶ No Gluten
- ▶ Manufactured in an NSF Certified Facility
- ▶ No Dairy

## Supplement Facts

Serving Size: 1 Capsule  
Servings per Container: 30

	Amount Per Serving	% DV
<b>Botanical Extract Blend</b>	560 mg	*
Organic Nettle leaf, Organic Oatstraw (aerial parts), Organic Red Clover, Organic Red Raspberry (leaf), Organic Shatavari (root), Organic Yarrow (leaf & flower)		

\*Daily value not established.  
Other Ingredients: Organic Pullulan Capsules, Organic Bamboo, Organic Rice Extract Blend.





## ORGANIC LACTATION SUPPORT

Motherhood can be tough. Let us help provide your baby with the best nutrition with Purewise Organic Lactation Support. Our concentrated liquid extract delivers a potent combination of 7 organic milk-producing and milk-enriching herbs - including Goat's Rue, Milk Thistle, Moringa and Nettle Leaf - in a convenient daily capsule. Let it flow with Purewise Organic Lactation Support.

### Benefits:

- ▶ Organic
- ▶ No Gluten
- ▶ No Dairy
- ▶ No Soy
- ▶ Manufactured in an NSF Certified Facility

## Supplement Facts

Serving Size: 2 Capsules  
Servings per Container: 30

	Amount Per Serving	% DV
<b>Botanical Extract Blend</b>	1,060 mg	*
Organic Galega Officinalis (Goat's Rue herb), Organic Silybum Marianum (Milk Thistle seed), Organic Asparagus Racemosus (Shatavari root), Organic Medicago Sativa (Alfalfa leaf), Organic Moringa Oleifera (Moringa leaf), Organic Foeniculum Vulgare (Fennel seed), Organic Urtica Dioica (Nettle leaf)		

\*Daily value not established.

Other Ingredients: Organic Pullulan Capsules, Organic Bamboo, Organic Rice Extract Blend.




Made in the  
USA



**PUREWISE**

Advancing Well-Being through Active Donations to  
Domestic and Global Charitable Causes

Supporting Valued  
Clients Across  
the World

 [purewisenaturals.com](https://www.purewisenaturals.com)